

Gilda's Club Evansville Mentor Program

Sharing Stories and Experiences



Our **Mentors** have been through a cancer journey as a patient, caregiver or loved one. They understand how the customized program at Gilda's Club can help reduce feelings of isolation, depression and anxiety. Our Mentors are here to assist our members make the best use of the Gilda's Club Program.

**SUPPORT • EDUCATION
RESOURCES • CONNECTIONS**

Call Gilda's Club today
to learn more

812-402-8667

www.gcevv.org



An Affiliate of the
CANCER SUPPORT COMMUNITY



BECOMING A MENTOR

Mentors are members of Gilda's Club that receive training on sharing their personal cancer journey in an honest, positive and encouraging way from the Gilda's Club Program team of licensed mental health professionals. Stories are shared, connections are made and a relationship of support begins.

"It was so good to talk to someone who got it!"

- Gilda's Member

Same Disruption

"My cancer journey didn't stop when the treatment ended. Meeting someone who had similar changes in their life helped me feel less alone."

Same Cancer

"Talking to someone who had the same cancer as me, helped me know what to expect."

Same Role

"I had no idea what to expect as a caregiver for someone with cancer. Hearing how someone else adjusted to their role helped me feel less overwhelmed. I knew I had someone I could go to and ask questions."

