

CANCER SUPPORT



Empowering those impacted by cancer with knowledge

So no one faces cancer alone.

Held at: Gilda's Club 5740 Vogel Road Evansville, IN 47715

For: Anyone impacted by cancer:

person with cancer diagnosis, family member or friend, health professional

Sign up: Call 812-402-8667 or email angie@gcevv.org

More Info: www.gcevv.org  Gilda's Club Evansville

Open to the community

All sessions are free

RSVP is appreciated

EDUCATIONAL SERIES 2018

DATE	TOPIC	SPEAKER
Wed. Aug. 15th 12:00pm	Nutrition for Pre-Diabetes	Meagan Brothers, Purdue Extension
Thur. Aug. 16th 5:30pm	Anxiety-It's More Than The Jitters	Chelsey Woolsey, LCSW Deaconess Cross Pointe
Wed. Aug. 29th 5:30pm	Coping With Anxiety- "Grounding" Technique	Heather Phelps, LCSW Deaconess Cross Pointe
Wed. Sept. 5th 12:00pm	Managing Lymphedema	Anne Basden, PT, DPT, CSCS, MLD, CDP ProRehab
Thurs. Sept. 13th 12:00pm	Physical Health, Mental Strength and Overall Morale	Dr. Marcel M. Garcia-Hosokawa, DC, MS, ART Active Chiropractic & Rehabilitation Clinic
Thur. Oct. 4th 6:00pm	Introduction to Journaling	Barbara Stahura, CJF
Wed. Oct. 3rd 12:00pm	Medicare 101-Understanding Your Options	Will Swanson Crosspointe Insurance Advisors